



South East Orthodontics

Elastics are used to coordinate the upper and lower arches for bite correction. Elastics can be worn in a number of different positions and come in various sizes. It is your responsibility to wear your elastics throughout treatment to ensure the best results can be achieved. Your orthodontist will advise you on the position and time that your elastics are to be worn.

Initially, you may experience some discomfort but it is important that you continue to wear your elastics. If you have any issues, please contact the practice on (03) 9796 2794.

ELASTICS

Elastics: _____

Full time wear

Night time wear

Right side

Left side

